

### HWIAC BASEBALL PLAYING REGULATIONS

Following is a summary of HWIAC eligibility requirements for teams and individual athletes. Full details can be found in the HWIAC constitution available on the Athletics website.

- Senior age – the individual's birth certificate indicates that he/she has not reached his/her 19<sup>th</sup> birthday by January 1<sup>st</sup> prior to the start of the school year in which the competition is held (**1999 or later – maximum 5 years of eligibility**).
- Students must be enrolled in at least three (3) full time, day school courses in each semester. Having achieved 22 credits a student may be enrolled in at least two (2) full time, day school courses in each semester. In both cases, eligibility is subject to Principal approval.
- Students are eligible for five (5) years of participation from entry into grade nine. Therefore, students who entered grade nine prior to **September 2014** are not eligible. Students that finished grade twelve last year and have returned to the same school for a 5<sup>th</sup> year are eligible to play provided age and course requirements are met.

To be eligible for competition, all players must appear on an eligibility list. An eligibility list **must** be created by logging onto the Athletic Eligibility List System (A.E.L.S.) through the OFSAA website. A completed list must be signed by the Principal and the Phys-Ed Head, and submitted to HWDSB Athletics ([athletics@hwdsb.on.ca](mailto:athletics@hwdsb.on.ca)) by the date specified in the current year playing regulations. **Teams that do not file an eligibility list by the due date will be ineligible for competition and subject to a \$25.00 per game fine levied against the offending school.**

Following the deadline students may be added to the team eligibility list provided they are deemed eligible to compete; said additions may compete once a revised AELS e-mail is filed with the Principal, Phys-Ed Head and submitted to HWDSB Athletics ([athletics@hwdsb.on.ca](mailto:athletics@hwdsb.on.ca)). **Omission of an otherwise eligible player from a team roster will result in a \$25.00 per game fine levied against the offending school (to a maximum of \$200.00);** said eligible player may be added to the roster without further penalty. This offence cannot be appealed under any circumstance.

A current Eligibility list must be complete with all relevant sections of the form filled in and a copy must be on file with the School Principal and HWDSB Athletics at all times during the competition period for teams to remain eligible.

#### **Coaching Course Completion**

Prior to the coaching course completion date, one (1) coach from every registered team participating in the league must complete the *HWDSB Athletics: Intro to Coaching Course* as well as the HWDSB Athletics: sport specific course found using the HWDSB HUB. This course is critical to understand all necessary requirements for fielding a team within HWDSB Athletics. Should a coach not be registered for these specific courses - please contact HWDSB Athletics ([athletics@hwdsb.on.ca](mailto:athletics@hwdsb.on.ca))

<b>HWDSB Coaches Course due date:</b>	<b>Friday, September 14, 2018 (12:00 pm)</b>
<b>Eligibility List due date:</b>	<b>Friday, September 14, 2018 (12:00 pm)</b>
<b>Deadline for Eligibility List additions:</b>	<b>Friday, October 5, 2018 (12:00 pm)</b>

## 1. TEAM ADMINISTRATION

### 1.1. STUDENT-ATHLETE INFORMATION FORM

Copies of the student-athlete information form are to be distributed to each player and must be returned with all sections completed and signed prior to first practice. The Code of Behaviour, printed on the back page of the form is to be signed and on file with the Principal. Teams are required to carry the Medical Information section for each player with them throughout the season. Any student athlete who has not returned this form with all sections complete and the necessary signatures in place is not eligible to participate in any team activities.

### 1.2. COACHING

Non-teacher coaches must have achieved, as a minimum, "Trained" status in the Community Sport stream of the National Coaching Certification Program (NCCP) or have successfully completed the Coaching In Ontario Schools program offered by OFSAA. A non-teacher coach must be registered as such with Athletics (for insurance reasons). An NCCP registration number will be required.

### 1.3. COMMUNICATION

The primary method of communication throughout the season and playoffs will be email. Game changes, playoff details and any other relevant information will be sent directly to coaches this way. Please be sure all individuals that are to receive this information are registered with the Athletics Department. Standings and playoff information will also be available on the Athletics website.

### 1.4. OPHEA SAFETY GUIDELINES

Coaches must be familiar with and be prepared to follow the provincial safety guidelines for schools (OPHEA) and ensure the team and its members function within the requirements of the guidelines. Visit <http://safety.ophea.net/secondary> for the most current guidelines. *Note: OPHEA Safety Guidelines are considered the minimum standard by HWDSB and its insurance provider. They **must be followed** with no exceptions.*

### 1.5. WATER BOTTLES

Teams are prohibited from providing shared containers for fluid replacement to participants in HWIAC sanctioned activities. This restriction is in accordance with provincial safety guidelines which require schools to inform participants that they should provide their own containers and not share them with other participants.

### 1.6. REPORTING GAME RESULTS/TEAM STANDINGS

To maintain accurate team records and allow coaches to stay current with league standings, it is important that game scores be reported as soon as possible after the completion of a game.

- a. HWIAC policy requires the **WINNING TEAM** to report the score of a game as soon as possible after the game concludes.
- b. Scores are to be reported online at [www.hwdsb.on.ca/athletics](http://www.hwdsb.on.ca/athletics) (See *Secondary Score Submission - for your school's login and password details contact your Phys-Ed Head*) Alternatively scores will be accepted via email ([athletics@hwdsb.on.ca](mailto:athletics@hwdsb.on.ca)) or by phone (905.527.5092 x2900 - 24 hour voicemail).
- c. Results must be reported to Athletics no later than 12:00 (noon), two (2) school days after the game was played (*ie. game played Monday requires a score reported no later than at 12:00 pm on Wednesday*) When a score is reported after the deadline the Phys-Ed Head will be notified of the late submission. **If the team fails to report a score a second time in the same season it will be recorded as loss for both teams.**
- d. For the last regular season game and for all playoff games, scores must be reported at 10:00am the day after the game is played. **If the result of a playoff game is unreported at the deadline the team responsible for reporting is subject to a \$100.00 fine.**

Game results and team standings will be available throughout the season on the Athletics website

### 1.7. TIE BREAKING & FORFEIT INFORMATION

HWDSB Athletics follows the procedures mandated by the District Athletic Council (DAC) via the HWIAC constitution for breaking ties and procedures used regarding forfeitures. Please see the "[\*Playing Regulations Addendum: Tie Breaking & Forfeit Information\*](#)" attached or the HWIAC Constitution for full details.

## 2. PLAYING REGULATIONS

For all HWIAC play, Ontario Baseball Association rules will be used with the following exceptions:

- a. only baseballs approved by Ontario Baseball Association for use by midget age and up (16 and over) can be used in high school competition.
- b. First pitch for all regular season games will be 3:00pm unless otherwise scheduled due to doubleheaders or facility availability. There is a 15 minute grace period before the game is forfeited due to insufficient players; **failing this a scrimmage can be played with umpires but the game is considered a forfeit.**
- c. Teams must start a game with at least nine (9) players.
- d. schools are allowed an unlimited size roster.
- e. metal spikes are permitted.f
- f. each team is to provide 1 new ball and 1 back-up ball for each game.
- g. teams are responsible for supplying their own equipment and the home team must provide bases.
- h. designated hitter rule will be in effect for pitchers only.
- i. teams have one minute between innings before play is to resume.
- j. a pinch runner must be used to relieve a catcher when there are 2 out in an inning and the catcher is on base. The player must come from the bench (a player not currently in the game) and the substituted for catcher may remain in the game. The pinch runner does not jeopardize his eligibility for the remainder of the game under these conditions. Use of pinch runners at any other time must be in accordance with baseball rules.
- k. pitchers are limited to 12 outs per game.
- l. there is to be absolutely **NO USE** of tobacco products of any kind by any team member or coaching staff. Individuals or teams found in violation of this rule will face immediate and indefinite league suspension.

### 2.2. BATS

Metal bats are not permitted for use in high school baseball. Solid wood, composite wood or bamboo constructed bats only will be allowed. All bats used must conform to the Ontario Baseball Association rule that a bat cannot weigh more than three ounces less than the length of the bat. (For example, a 33-inch long bat cannot weigh less than 30 ounces.) The bat cannot have a diameter at its thickest part of more than 2 5/8 inches.

### 2.3. TEAM STANDINGS AND PLAYOFFS

Please see league schedule for playoff format & league structure

For the purposes of maintaining league standings and rankings for playoff positions, teams will be awarded two (2) points for a win in regular season play. No additional points will be available. Throughout the season, teams will be ranked in league standings in descending order based on the number of points earned and playoff positions determined based on those rankings. Ties will be broken in accordance with tie-breaking procedures outlined in the HWIAC constitution.

### 2.4. UNIFORMS

On opening day, it is expected that teams will be in full baseball uniform. All players on the bench must be in uniform and coaches must have at least a current year team hat. Base coaches must wear a batting helmet.

### 2.5. RAIN OUTS

If it appears that a rainout is possible, look for an email message that will announce any cancellations or check the Athletics website for games that have been cancelled. HWDSB Athletics will stay in contact with the umpires association and a decision to cancel games will be made in consultation with the umpires and the league convenor.

- a. When a game is cancelled in progress, the home team is to contact the visiting team and select a date to reschedule the game. Once a date is agreed to, inform the Athletic Department and arrangements will be made for umpires.
- b. When a full schedule of games has been cancelled on any given day, the Athletic Office will reschedule all games and make the necessary umpiring arrangements.

### 2.6. GAME CHANGES

It will be the responsibility of the school desiring a change to contact their opponent and request a game change. Please be aware that teams are under no obligation to change a scheduled game. Once agreement has been reached on a new date and time, a **Game Change Request Form** is to be completed and emailed or faxed to the Athletics Department – [athletics@hwdsb.on.ca](mailto:athletics@hwdsb.on.ca) or 905.521.2541. Provided the change can be accommodated at the facility, by game officials and EMS, both teams will receive confirmation notice of the change.

*NOTE: changes made to scheduled games must occur at least 48 hours prior to the scheduled start time. Requests to reschedule a game with less than 48 hours notice will not be accommodated.*

### 2.7. UMPIRES

There will be two umpires provided for each regular season game, three umpires for playoff games, scheduled and paid for by the Athletic Office. In the event only one (1) umpire shows, the game is to be played. Should all umpires fail to show, the game is to be rescheduled on a date that is mutually agreeable and the notification procedure outlined above under “rain outs” is to be followed.

### 2.8. GROUND RULES MEETING

Prior to first pitch the umpire will call for a ground rules meeting between the umpires and both teams. Umpires will discuss ground rules. Team captains and or coaches should inform umpires of any pertinent item at this time and ensure the umpires are aware of local league rules & regulations found in this document.

### 2.9. HEAD FIRST SLIDE RULE -- CLARIFICATION

Provincial Safety Guidelines state that there must be no head first sliding into a base other than returning to a base. A player contravening this rule will be called out on the play.

**CLARIFICATION - TIMING (TO BE ADDED TO RULE SET FORMALLY IN 2019-20)**

- - No new inning after 1 hr 45 min from first pitch
- - 2 hr curfew
- - 10 run mercy rule after 5 innings

Playoffs:

- no curfew play all 7 unless the permit runs out
- proper line up cards completed for the opposing coach including last names, numbers, and positions.
- no curfew, 7 inning games
- two new baseballs (minimum 80cc quality)
- OBA rules along with our board rules (ie. no head first slide)
- home team is the higher seed (responsible for the bases)